

Angelman syndrome (AS)

Art Therapy

Many virtues have been attributed to art and how it can contribute to our lives. The therapeutic value of art has been explored and legitimized.

Some believe art has the ability to heal, transcend and transform. Making art work can offer the opportunity for expression and communication within a psychological therapy for people who find it difficult to express their thoughts and feelings verbally, and it is an accessible approach for children and adults with learning disabilities.

Art is a way to work with children who have disabilities toward the achievement of all sorts of goals, eg. Eye-hand coordination, Fine motor skills, Color recognition, Sequential thought, Matching, Visual acuity, and Action concepts.

Regardless of the benefits of art, we know it is fun, it engages, and it is one medium where there is no right or wrong answer.

Read more here:

- [Creativity and therapy for children with special needs](#)
- [Colours of Play: What is Art Therapy?](#)
- [Kinder Art](#)
- [UK art therapy practice-based guidelines for children and adults with learning disabilities](#)